## **Building for the Future with CACFP**

This day care receives support from the Child and Adult Care Food Program to serve healthy meals to your children.

Meals served here must meet USDA's nutrition standards.

Good nutrition today means a stronger tomorrow!



Meals--CACFP homes and centers follow meal requirements established by USDA.

Breakfast	Lunch or Supper	Snacks (Two of the FIVE)
Fluid Milk Fruit or Vegetable Grains or Bread Meat/Meat Alternate	Fluid Milk Meat or meat alternate Grains or bread Vegetable Fruit	Milk Meat or meat alternate Grains or bread Fruit Vegetable

**Participating Facilities**--Many different homes and centers operate CACFP and share the common goal of bringing nutritious meals and snacks to participants. Participating facilities include:

- Child Care Centers: Licensed or approved public or private nonprofit child care Centers, Head Start programs, and some for-profit centers.
- Family Child Care Homes: Licensed or approved private homes.
- After School Care Programs: Centers in low-income areas provide free snacks to School-age children and youth.
- Emergency Shelters: Programs providing meals to homeless children.

**Eligibility**--State agencies reimburse facilities that offer non-residential day care to the following children:

- Children age 12 and under,
- Migrant children age 15 and younger, and
- Youths through 18 in after school care programs in needy areas.

Contact Information--If you have questions about CACFP, please contact one of the following:

## Sponsoring Organization/Center

South Bend Community School Corporation 215 S. Martin Luther King Jr. Blvd. South Bend, Indiana 46601 (574) 393-6000 Indiana Department of Education

CACFP Staff School & Community Nutrition Indiana Government Center North, 9<sup>th</sup> floor 100 N Senate Ave Indianapolis IN 46204 800-537-1142 or 317-232-0850

This institution is an equal opportunity provider.